Capital AA May 2024	67		6	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRIO Community Meals Nourishment through compassionate care.	Each Meal is Served with 1/2 Pint of 2% Milk	Hamburger Lettuce/Tomato/Pickle Baked Beans WG Hamburger Bun Mixed Fruit Cobbler Milk Ketchup Mustard/Mayonnaise	Pork Roast Pork Gravy Garlic Potatoes Glazed Carrots Wheat Bread Chocolate Chip Cookie Milk Margarine	Turkey/Ham Chef Salad Fresh Fruit Saltine Crackers Fig Bar Milk Assorted Dressing (2)
6	7	8	9	10 Special
Chicken & Sausage Jambalaya Cabbage Green Beans Wheat Bread Oatmeal Crème Cookie Maragrine	Hamburger Lettuce/Tomato/Onion Baked Beans WG Hamburger Bun Fresh Fruit Mustard/Mayonnaise Ketchup	Red Beans & Sausage Rice Apple Juice Turnip Greens Cornbread Fresh Fruit Margarine	Salisbury Patty Gravy Garlic Potatoes Peas & Carrots Wheat Bread Hermit Bar Margarine	Tuna Salad Lettuce/Tomato Coleslaw Wheat Bread(2) Fig Bar
13	14	15	16	17
Beef Stew Brown Rice Venetian Vegetables Apple Juice White Roll Chocolate Chip Crème Maragrine	Turkey Breast Brown Gravy Whipped Potatoes Green Beans Wheat Bread Fudge Round Maragrine	Chicken & Sausage Gumbo & Rice Okra & Tomatoes Potato Salad Wheat Bread Birthday Cake Maragrine	Ham & Lima Beans Rice Cabbage Pickled Beets Cornbread Fresh Fruit Maragrine	Fiesta Mac and Cheese Brussels Sprouts Carrots Wheat Bread Oatmeal Raisin Cookie Maragrine
20	21	22	23	24
Creole Meatballs Green Peas & Carrots Country Corn Hot Dog Bun Fresh Fruit	Ham & White Beans Rice Turnip Greens Cucumber Salad Cornbread Fresh Fruit Maragrine	BBQ Riblet 4 Way Mixed Vegetables Cabbage WG Hamburger Bun Sugar Cookie	Meat Sauce with Penne Pasta Venetian Vegetables Green Beans Wheat Bread Chocolate Coconut Cake Maragrine	Baked Bone-in Chicken and Gravy Sour Cream & Chive Potatoes Black-eyed Peas Wheat Bread Fresh Fruit Margarine
27	28	29		31
CLOSED	Hot Dog with Chili Chuckwagon Corn O'Brien Potatoes WG Hot Dog Bun Fresh Fruit	Taco Salad Lettuce & Tomato Pinto Beans Tortilla Chips Mixed Fruit Cobbler Taco Sauce	Baked Chicken Breast Brown Gravy/Rice Carrots Cranberry Juice Wheat Bread Oatmeal Crème Cookie Maragrine	Swiss Beef Patty Lyonnaise Potatoes Green Beans White Roll Snickerdoodle Bar Margarine